**Invitation to submit a case study on:**

**Structured education and support for self-management of diabetes**

(Deadline for responses: 30th November 2014)

**About the report and call for individual case studies**

Supported self-management is key to the successful day to day management of diabetes and can significantly improve lives and reduce long-term costs associated with the condition. However, according to the last National Diabetes Audit, less than two percent of people with diabetes are recorded as having attended any form of structured education.

The APPG on Diabetes is,[[1]](#footnote-1) therefore, holding a year-long investigation into the state of diabetes education and support in the UK. The APPG is calling for case studies from people living with diabetes to better understand different types of learning and support available, existing gaps in service and to identify reasons for low uptake when structured education is offered.

This case studies and evidence will be fed into a report which will be submitted to the Department for Health and disseminated among Clinical Commissioning Groups.

**Guidance to submitting your individual story/case study**

Please follow the guidelines below for submitting evidence:

* The submission should be in Word format;
* It should be clearly stated who the submission is from;
* It should comprise a single document attachment to the email;

Case studies may be referenced in the final report. If you wish for your evidence to be anonymous please make this clear.

Submissions should be emailed to Luke Thorne at [luke.thorne@diabetes.org.uk](mailto:luke.thorne@diabetes.org.uk). If you have any queries about the report or require further information please contact Luke at the email address above, or by calling 0207 424 1858.

*Please note that these questions are for guidance only and should be viewed as a starting point for submissions rather than a restriction upon them.*

**Q1.** Have you had the opportunity to attend a structured education course to help you manage your condition? If so, please provide details as to what course it was and how it was structured.

**Q2.** If you have been on a structured education course, how did it help you (if at all)?

**Q3.** What kind of learning or support would have been helpful to you that was not part of the structured education course?

**Q4.** Do you think the education course you attended was enough to enable you to continue managing your condition over time? Do you think it would be beneficial to you to have access to continued follow-up learning and support?

**Q5.** What other opportunities for learning and support on how to manage your condition would you like to have?

**Q6:** Where else do you currently look for advice and support to help you self-manage your diabetes?

**Q7:** Have you ever been offered to attend a structured education course and decided not to go? If not, what were the reasons that prevented you from going?

**Please include any other information that you feel relevant that is not covered by these questions.**

1. The All Party Parliamentary Group on Diabetes (APPG Diabetes) is a nonpartisan cross-party interest group of UK parliamentarians who have a shared interest in raising the profile of diabetes and its prevention and in improving the quality of treatment and care for people living with diabetes. [↑](#footnote-ref-1)